

## ADDITIONAL RESOURCES

### The Jason Foundation, Inc.

A non-profit organization  
dedicated to the prevention of  
youth suicide

[www.jasonfoundation.com](http://www.jasonfoundation.com)

### National Suicide Prevention Lifeline

English: 1-800-273-TALK (8255)  
en Español: 1-888-628-9454

### New Mexico Suicide Prevention Hotline

505-277-3013

### Suicide Prevention Resource Center

[www.sprc.org](http://www.sprc.org)

### Southwest Family Institute

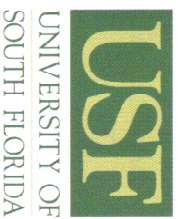
505-410-1871

### American Association of Suicidology

[www.suicidology.org](http://www.suicidology.org)

### American Foundation for Suicide Prevention

1-888-333-AFSP



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How Parents  
Can Improve  
Teen Safety  
and Well-being